

## **BERT'S BIG ADVENTURES!**

Hello everyone,

Hope you all had a nice Festive and New Year break; I have been resting a bit and recharging ready for a very active year ahead.

In February I visited Waddington Redwood Primary School with Ian and Dan to help deliver a 5 ways of well-being assembly, I was amazed at the energy all the children had and I even took part in a few stretching and relaxing activities in the assembly with them, afterwards I met a few of the children for a colouring session and was very impressed at the talent they had. Some of the children were lucky enough to receive a Bert badge for their work.



Also, in February I was lucky enough to be asked to visit Horncastle Library with Lucy and Amber, whilst I was there, I met several children who where very pleased to see me, some of them told me what their favourite books were and what they enjoy doing afterschool, as well as talking about books and reading they did some colouring and built Lego. Horncastle library is a great place to visit, and the staff are very friendly.





The month of February also saw me attend **Benjamin Adlard School** in Gainsborough, I took part in the assembly with Lucy from Shine and Brad from **Wright** 

Way Sports to promote the Youth Club that is now up and running for all ages on a Tuesday 5 till 8, the children were very excited to hear about the Youth Club and they even got me to dance to show how excited I was about it too.





March and April have been a bit quiet for me as I have been helping get the new office in Horncastle ready for the big opening which I was excited about, as well as that mini-Bert has been out and about in different places across the country as well as the country of Lincolnshire.

He has been on several adventures in the Peak District and the Lake District, I think he wanted to be part of Active April that some members of Shine took part in.

I am spent time training for a big adventure in Boston in April. I ran in the **Boston Half Marathon** at the end of April and it was amazing to have so many people cheer me on!

Remember if you see me or mini-Bert anywhere get a selfie or photo with us and well try and publish them either on our social media platforms or in the next newsletter.

Bye for now and remember to look after yourselves and stay safe.

Bert.

