



Find the right support for
you over this winter period

Shine Connect

Winter Support 2025



WELCOME

Welcome to Shine Connect's Christmas newsletter. We have kept colours minimal so please print and share this where possible to avoid digital exclusion and increase exposure of support available over Christmas.

We would like to take this opportunity to thank everyone that has made 2025 so positive. Thank you to our supporters, our beneficiaries, the network of organisations and communities supporting others, the volunteers, those that are innovating new ideas, those that are longstanding. Thank you to each and everyone, we all play a vital role in keeping one another happy, healthy and thriving regardless of what life throws at us.

We wish you all a Merry Christmas and Happy New Year.

This digital newsletter sticks to key pieces of information that will help you and your loved ones over Christmas, be it a happy or challenging time and some information about warm spaces across the county to support you through the winter months.

Shine will be closed between the 20th December and the 5th January 2026, and we cannot wait to welcome you back to Bert House when we reopen in the new year!

For some Christmas reading you can find our full Autumn/Winter newsletter www.shinelincolnshire.com/shine-connect/ and Betty's Cookbook and Bernie's budget book www.shinelincolnshire.com/resources/ here. All of which have some great ideas and advice!

All of our training and development courses can be found www.shinelincolnshire.com/book-a-course/ here.



KEEPING WELL OVER THE FESTIVE SEASON

The festive period is often seen as a time of happiness, celebration, and togetherness. While it can be joyful, it can also feel overwhelming. Busy schedules, financial pressures, family dynamics, and changes to routine can take a toll on your wellbeing. Looking after yourself during this time is just as important as looking after others.

Here are some ways to keep yourself well over the festive period:

Acknowledge How You're Feeling

The festive season doesn't look the same for everyone. You might feel happy one moment and exhausted or low the next, and that's okay. Allow yourself to recognise your emotions without comparing them to others or to expectations of how you "should" feel. Simply acknowledging your feelings can help reduce their intensity.

Stay Connected in Ways That Feel Right for You

Connection is important, but it doesn't have to mean attending every event or gathering. Choose interactions that feel supportive and manageable. A phone call, a walk with a friend, or a quiet coffee can be just as meaningful as large social occasions. If you're feeling lonely, reaching out even in small ways can make a difference.

Maintain Gentle Routines

During the festive period, routines often disappear, which can be unsettling. Try to keep a few simple anchors in your day, such as regular mealtimes, short walks, or a consistent bedtime. These small routines can provide a sense of stability and help you feel more grounded.

Set Boundaries Without Guilt

It's okay to say no. Overcommitting can lead to stress and burnout, especially during a busy season. Be realistic about what you can manage and give yourself permission to step back when needed. Protecting your energy is not selfish, it's essential.

Look After Your Physical Wellbeing

Eating nourishing food, staying hydrated, getting some movement, and prioritising rest can all support your mental wellbeing. Balance is key, you don't need to be perfect. Focus on what helps your body feel cared for rather than putting pressure on yourself.

Create Moments of Calm

Amid the noise and activity, try to carve out small moments of calm. This could be reading, listening to music, practicing mindfulness, or simply sitting quietly with a warm drink. These pauses can help reset your mind and reduce stress.

Reach Out for Support if You Need It

If you're struggling, you don't have to cope alone. Talking to someone you trust or seeking professional support can be an important step. Asking for help is a sign of strength and self-awareness.

The festive period can be complex, and it's okay if it doesn't feel magical all the time. By being kind to yourself, setting realistic expectations, and prioritising your wellbeing, you can navigate the season in a way that feels healthier and more supportive for you.

OPEN AT CHRISTMAS

Organisations and community spaces open for support and company over Christmas.

Christmas Eve- Wednesday 24th December

- **Centenary Methodist Church, Red Lion Street, Boston, PE21 6NY**
9:30-13:00| Light Lunch and no booking required
13:30-16:00| Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here
- **The National Grief Advice Service, The Maltings, Wharf Road Grantham**
10:00-12:00| Drop in for a chat and a brew
- **Bailgate Methodist Church, Bailgate, Lincoln**
18:00-21:00| Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here
- **Trinity Centre, Eastgate, Louth**
17:00-20:00| Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here
- **Skegness Day Centre, 40 Algitha Road, Skegness**
17:00-20:00| Night Light Cafe, light refreshments and activities-
call 07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net
- **Spilisby Wellbeing Hub, New Life Centre, Church Street, Spilisby**
17:00-20:00| Night Light Cafe, light refreshments and activities-
call 07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net



OPEN AT CHRISTMAS

Organisations and community spaces open for support and company over Christmas.



Christmas Day- Thursday 25th December

- **Centenary Methodist Church, Red Lion Street, Boston, PE21 6NY**
9:30-15:00| Hot Lunch for all and no booking required
- **The National Grief Advice Service, The Maltings, Wharf Road Grantham**
9:30-11:30| Drop in for a chat and a brew
- **Don't Lose Hope, 4 North Street, Bourne**
12:00 - 16:00 | Enquiries@dontlosehope.co.uk
- **St Swithins, Lincoln**
10:00-12:00| Santa's Last Stop. For Vulnerable families with children under 10. Cosy breakfast, visit from Santa, plus more. Full details and to register can be found [here](#).
- **Boultham Breakthrough Centre, Boultham Park rd, Lincoln**
18:00-21:00| Night Light Cafe, light refreshments and activities- call 0300 011 1200 or self-refer through this form [here](#)
- **The Scout Hut, Woodfield Ave, Lincoln**
10:00-14:00| Birchwood Buddies - Free Christmas Lunch and activities for those who would be alone on Christmas Day. Booking in advance is essential via 07943 729926.
- **Pace Louth, Nichol Hill, Methodist Church, Louth**
14:00| 3-course Christmas lunch for people who are on their own, elderly, young or single/parents with children and are finding the season stressful, lonely, or have low income. There is no cost, but donations are welcome. if you would like to join them, contact 07751 237819, 07751 237819, or visit their Facebook page.
- **Pinchbeck Baptist Church, 93 Knight St, Spalding PE11 3RA**
12:00-15:00| Free Christmas Day Lunch. Contact Vanessa Browning on 07376 157004 or email info@communitymindmatters.co.uk
- **The Storehouse, North Parade, Skegness**
10:00-12:00| Free breakfast rolls and a gift. To access a café, contact 07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net

OPEN AT CHRISTMAS

Organisations and community spaces open for support and company over Christmas.

Christmas Day- Thursday 25th December

- **Sleaford Riverside Church, The Source, Southgate, Sleaford**
12:30 onwards| Night Light Cafe, includes a lunch and activities- call 0300 011 1200 or self-refer through this form here
- **Spilsby Wellbeing Hub, New Life Centre, Church Street, Spilsby**
10:00-12:00| Free breakfast rolls and a gift. To access a café, contact 07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net
- **Stamford Methodist Church Hall, 11 Barn Hall, Stamford**
12:00-14:00| Second Helpings| A full sit-down traditional Christmas lunch, with all the trimmings (veg option available), a gift from Santa, music, laughter, and lots of community spirit. With 90 places available, offered on a pay-as-you-feel basis. Seats are allocated on a first-come basis. Contact opsmanager@secondhelpings.org.uk or call 07842 738348 to reserve a place.
- **The Community Hub, High Street, Waddington**
10:00-16:00| Christmas Dinner. Limited FREE spaces for individuals or couples who don't want to be alone on Christmas Day. To book, please contact the Parish Clerk, 01522 722793 or email waddingtonpc.clerk@outlook.com





Boxing Day- Friday 26th December

- **Centenary Methodist Church, Red Lion Street, Boston, PE21 6NY**
9:30-13:00| Hot Lunch for all and no booking required
- **The National Grief Advice Service, The Maltings, Wharf Road Grantham**
10:00-12:00| Drop in for a chat and a brew
- **The Wong Day Centre, Horncastle**
TBC| Night Light Cafe, light refreshments and activities- call 0300 011 1200 or self-refer through this form here.
- **Energize Youth Centre, Larchwood Crescent, Lincoln**
16:00-20:00| Night Light Cafe, light refreshments and activities- call 0300 011 1200 or self-refer through this form here.
- **Pinchbeck Baptist Church, 93 Knight St, Spalding PE11 3RA**
12:00-15:00| Community Mind Matters| Boxing Day Buffet. Contact Vanessa Browning on 07376 157004 or email info@communitymindmatters.co.uk
- **Stamford Methodist Church Hall, 11 Barn Hall, Stamford**
9:00-11:00| Second Helpings opsmanager@secondhelpings.org.uk or call 07842 738348

Saturday 27th December

- **The National Grief Advice Service, The Maltings, Wharf Road Grantham**
10:00-12:00| Drop in for a chat and a brew
- **The Salthouse, St Swithins, Free School Lane, Lincoln**
19:00-22:00| Night Light Cafe , light refreshments and activities- call 0300 011 1200 or self-refer through this form here.

Sunday 28th December

- **St John the Evangelist's Church, Grantham Road, Bracebridge Heath, Lincoln**
18:00-21:00| Night Light Cafe , light refreshments and activities- call 0300 011 1200 or self-refer through this form here.
- **Skegness Day Centre, 40 Alghitha Road, Skegness**
17:00-20:00| Night Light Cafe, light refreshments and activities- call 07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net

Monday 29th December



- **St Wilfred's Church Hall, High Street, Alford**
12:00-14:00|Soup and a roll, followed by dessert. Max number 30 people, so please get in touch with Kerry to book at kerry.culley@outlook.com or call the church office 01507 464855 on Tuesday or Friday mornings.
- **The Storehouse Church, 47 West St, Alford**
16:00-19:00| Night Light Cafe , light refreshments and activities-call 0300 011 1200 or self-refer through this form here.
- **Don't Lose Hope, 4 North Street, Bourne**
18:00-21:00| Fish and Chip shop dinner.
- **Connexions, 100 Church St, Gainsborough**
18:00-21:00| Night Light Cafe, light refreshments and activities-call 0300 011 1200 or self-refer through this form here
- **Bridge Central, Portland St, Lincoln**
20:00-23:00| Night Light Cafe, light refreshments and activities-call 0300 011 1200 or self-refer through this form here
- **St John the Baptist Church, Sudbrooke Drive, Ermine, Lincoln**
16:00-20:00| Night Light Cafe, light refreshments and activities-call 0300 011 1200 or self-refer through this form here
- **Trinity Centre, Eastgate, Louth**
18:00-21:00| Night Light Cafe, light refreshments and activities-call 0300 011 1200 or self-refer through this form here
- **New Life Church, Serpentine St, Market Rasen**
18:00-21:00| Night Light Cafe, light refreshments and activities-call 0300 011 1200 or self-refer through this form here
- **The Storehouse, North Parade, Skegness**
10:00-12:00| Skegness Wellbeing Hub| There are activities, such as games and crafts, and light refreshments are served free of charge. To access a café, contact 07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net
- **Broad Street Methodist Church, Broad St, Spalding**
10:00-14:00| Monday Welcome Spaces| People can go along and enjoy a free home-cooked meal and some company.
- **Tonic Health, 6 Broadgate House, Westlode St, Spalding**
16:00-19:00| Night Light Cafe, light refreshments and activities-call 0300 011 1200 or self-refer through this form here
- **New Life Spilsby, New Life Centre, Church St, Spilsby**
10:00-12:00| Spilsby Wellbeing Hub| There are activities, such as games and crafts, and light refreshments are served free of charge. To access a café, contact 07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net



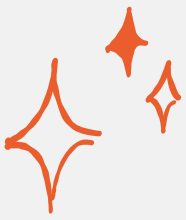


Tuesday 30th December

- **St Giles Methodist Church, Addison Drive, Lincoln**
16:00-20:00| Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here
- **The Storehouse, North Parade, Skegness**
10:00-12:00| Skegness Wellbeing Hub| There are activities, such as
games and crafts, and light refreshments are served free of
charge. To access a café, contact 07939092585 or
david.bruce23@nhs.net or m.lithgow@nhs.net
- **Riverside Church, The Source, Southgate, Sleaford**
16:00-20:00| Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here
- **New Life Spilsby, New Life Centre, Church St, Spilsby**
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games and crafts, and light refreshments are served free of
charge. To access a café, contact 07939092585 or
david.bruce23@nhs.net or m.lithgow@nhs.net
- **Second Helpings Pantry, Stamford Methodist Church, Stamford**
10:30-13:30|The pantry will be open as usual throughout the
festive and New Year period.

Wednesday 31st December

- **Centenary Methodist Church, Red Lion Street, Boston, PE21
6NY**
9:30-15:00| Hot Lunch for all and no booking required
- **The National Grief Advice Service, The Maltings, Wharf Road
Grantham**
10:00-12:00| Drop in for a chat and a brew
- **Bailgate Methodist Church, Bailgate, Lincoln**
18:00-22:00| Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here
- **Trinity Centre, Eastgate, Louth**
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10:30-13:30|The pantry will be open as usual throughout the
festive and New Year period.



Thursday 1st January

- **Boultham Breakthrough Centre, Boultham Park rd, Lincoln**
18:00-21:00| Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here
- **Second Helpings Pantry, Stamford Methodist Church, Stamford**
10:30-13:30|The pantry will be open as usual throughout the
festive and New Year period.

Friday 2nd January

- **Centenary Methodist Church, Red Lion Street, Boston, PE21 6NY**
9:30-15:00| Hot Lunch for all and no booking required
- **The Wong Day Centre, Horncastle**
TBC|Night Light Cafe, light refreshments and activities-
call 0300 011 1200 or self-refer through this form here.
- **Energize Youth Centre, Larchwood Crescent, Lincoln**
16:00-20:00| Night Light Cafe, light refreshments and activities-
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- **Skegness Day Centre, 40 Algitha Road, Skegness**
17:00-20:00| Night Light Cafe, light refreshments and activities-
call 07939092585 or david.bruce23@nhs.net or
m.lithgow@nhs.net
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10:00-12:00| Skegness Wellbeing Hub
17:00-20:00| Night Light Cafe
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07939092585 or david.bruce23@nhs.net or m.lithgow@nhs.net
- **Second Helpings Pantry, Stamford Methodist Church, Stamford**
10:30-13:00|The pantry will be open as usual throughout the
festive and New Year period.





Helplines open every single day of the year:

Age UK (England) Information and support for older people

0800 58 58 58 | 8am to 7pm, every day of the year | ageuk.org.uk

Campaign Against Living Miserably (CALM) for anyone affected by suicide or suicidal thoughts

0800 58 58 58 | 5pm to midnight, every day of the year | thecalmzone.net

National Domestic Abuse Helpline 24-hour helpline for women who have experienced domestic abuse and violence, with all female advisors

0808 2000 247 | 24 hours a day, every day of the year | nationaldahelpline.org.uk

Samaritans for anyone who needs to talk

[116 123](tel:116123) | 24 hours a day every day of the year | samaritans.org

Shout Confidential text service offering support if you're in crisis and need immediate help

85258 (text SHOUT) | 24 hours a day, every day of the year | giveusashout.org

The Silver Line support, information, friendship and advice for anyone aged over 55

[0800 4 70 80 90](tel:08004708090) | 24 hours a day, every day of the year | thesilverline.org.uk

Switchboard Listening services, information and support for lesbian, gay, bisexual and transgender people.

0800 0119 100 | 10am to 10pm, every day of the year | switchboard.lgbt

NHS Non-emergency medical help and advice for people in England. If you call 111, select option 2 to access a 24/7 helpline offering urgent mental health support.

[111](tel:111) | signvideo.co.uk/nhs111/ | [18001 111](tel:1800111) (text relay) |

NHS 111 is open 24 hours a day, every day of the year | 111.nhs.uk

If you or anyone else is in immediate danger dial 999.

WINTER FUEL PAYMENTS

- From winter 2025/26, the Government will increase the level at which Winter Fuel Payments are means-tested in England and Wales so that the vast majority of pensioners, around 9 million individuals, will benefit from them.
- Payments will be made to all pensioners in England & Wales – but will subsequently be recovered by HMRC through a charge to income tax from pensioners who are not in receipt of Pension Credit or another relevant means-tested benefit and who have annual taxable income above £35,000.
- The vast majority of Winter Fuel Payments are made automatically without the need to claim – and for those over the new £35,000 threshold, the Payment will be recovered automatically by HMRC via Pay as You Earn (PAYE) for the majority, or in their Self-Assessment tax return for those who already complete one. No one should need to register for Self-Assessment unless they have other income to report, as is always the case.
- More information on eligibility can be found on GOV.UK: Winter Fuel Payment: Eligibility - GOV.UK

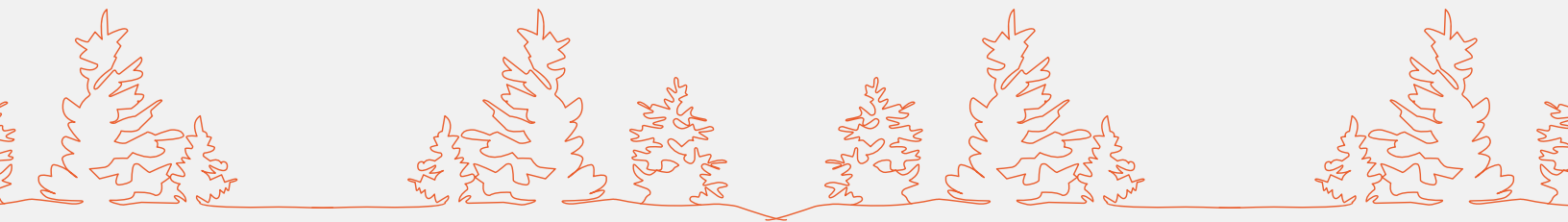
Winter Fuel Payments Scam Texts

Nearly all Winter Fuel Payments are made automatically without the need to claim. DWP have not issued any messages.

DWP never send text messages or emails requesting your bank details for Winter Fuel Payment purposes.

If you have any doubt whether a text is genuine, forward it to 7726 (free of charge) and you will receive a reply confirming if it's legitimate.

You should block the telephone number and delete the message without clicking on any links.








Yuletide family fest

Park Springs Community Centre
Monday 22 December
10.30am to 2.30pm

 Refreshments provided

FREE GIFT - FREE ENTRY - MEET SANTA

Fun and games Festive face painting Nutcracker hoop game Lego and jigsaw	Crafts and treats Christmas craft tables Santa's sweet cocoa cones Rudolph's reindeer food
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Park Springs Community Centre
 Riseholme Rd
 Gainsborough
 DN21 1NJ
 01427 677277

Lincolnshire county council
 Working for a better future





LOCATED AT THE AMERICAN BARN
NG32 3JA FULBECK LINCOLNSHIRE

FREE Line Dancing Wellbeing Support - exclusive to adults -
 The 1st Friday of the month.

Doors open 7pm

SOCIAL
 FEEL BETTER
 BE CREATIVE
 LEARN NEW SKILLS
 WELLBEING
 PROBLEM SOLVING



SELF CARE
 SAFE SPACE
 MAKE FRIENDS
 HAVE FUN
 CONNECT WITH LIKE MINDED PEOPLE
 WELLBEING SUPPORT

GROW CONFIDENCE
 IMPROVE CONCENTRATION
 DEVELOP COORDINATION

Call 07771882822 for more information



Wellbeing Café

Ascension Church Hall
 Edinburgh Road, Grantham, NG31 9QZ
Free Refreshments
 Every Monday 10am - 12:30pm
 Company • Cake • Soup & Rolls
 Crafts • Table Games
All Welcome



THE NATIONAL GRIEF ADVICE SERVICE

CHRISTMAS OPENING HOURS

Wednesday 24th December (Christmas Eve)
 Drop in Group 10am till 12pm

Thursday 25th December (Christmas Day)
 Drop in Group 9:30am till 11:30am

Friday 26th December (Boxing Day)
 Drop in Group 10am till 12pm

Saturday 27th December
 Coffee and Natter 10am till 12pm

Monday 29th December
 Coffee and Natter 10am till 12pm

Tuesday 30th December
 No group however phone lines open

Wednesday 31st December (New Year's Eve)
 Drop in Group 10am till 12pm

Thursday 1st January
 Closed

Back to normal hours on 2nd January



Dementia Advisers in partnership with Cadent Gas



Alzheimer's Society Dementia Advisers provide guidance and practical support to help people understand dementia, cope with day-to-day living with dementia and prepare for the future.

Alzheimer's Society is working in partnership with Cadent Gas to offer free services to keep you safe, warm and independent in your own home.

Together, we'll help you navigate your dementia experience, while also helping you to understand the dangers of carbon monoxide, improve energy efficiency, access the priority services register and have access to the right benefits and resources to support you.

If you have any questions about our service, please call us on **01522 692681** or email lincoln.enquiries@alzheimers.org.uk

alzheimers.org.uk

Alzheimer's Society is a registered charity no.296645



Service Announcement

Citizens Advice South Lincolnshire (CASL) will be closed over Christmas from the **19th December 2025** and will reopen on the **5th January 2026**.

Support can still be accessed through the national Adviceline number (**0800 144 8848**). The National Adviceline will close on **24th December 2025** and will reopen on the **2nd January 2025**.

Self help will still be available via www.citizensadvice.org.uk

For contact details of other organisations offering support across Lincolnshire, please go to www.haylincolnshire.co.uk





Support over Christmas

Bourne & Stamford
2025



The Bread and Butter Thing

The Salvation Army
PE10 9ET, Bourne, Lincolnshire, England,
United Kingdom
Wednesday 13:00-13:30



Bourne

Don't Lose Hope,
4 North Street, Bourne, PE10 9EB
Open on Christmas Day from 11:00am to 3:00pm. You will need to register with them.
email: enquiries@dontlosehope.co.uk
Alternatively, you can call us on 01778 420762 and leave a message.

Nightlight Cafe
Don't Lose Hope, 4 North Street, PE10 9EA -
Christmas opening times 2025/2026
Monday 22nd Dec Bourne: 6:00 pm
Thursday 25th December

Don't Lose Hope,
4 North Street, Bourne PE10 9EA
Monday 29th December
(Fish & Chip shop dinner) 6:00 pm-9:00 pm
email: enquiries@dontlosehope.co.uk
Alternatively, you can call us on 01778 420762 and leave a message.

Food Bank: Bourne Salvation Army works in collaboration with the Trussell Trust. Food bank vouchers can be requested from our church or either of our shops. The Food Bank operates from: Bourne United Reformed Church Eastgate, Bourne, Lincolnshire, PE10 9JY, [07546 131806](tel:07546131806) <http://www.bournefoodbank.org.uk/>

The Butterfield Centre
, 2 North Street, Bourne, Lincolnshire, PE10 9AP
phone_01778 421422
Butterfield Centre
are working with Bourne Academy to give out food hampers to the elderly at Bourne food bank.
Meal Options
All of our meals are competitively priced to ensure that they are as affordable as possible. We have four options available:-
Hot Meal & Pudding
Hot Meal Only
Afternoon Tea
Gluten Free Tea
Delivery
Our volunteers deliver meals 7 days a week 362 days a year.
Delivery is between 11.30am and 2pm.

Christmas Present Appeals:
The Salvation Army is offering Christmas present appeals to help families in need. Donors can contribute to the Christmas Appeal to support those who might not otherwise receive gifts this Christmas. Manning Rd, Bourne, Lincolnshire PE10 9ET
Email address: bourne@salvationarmy.org.uk
Phone: [01778 393459](tel:01778393459)



Georges Food Hub

St Augustine's School, Kesteven Rd,
Stamford PE9 1SR
Monday 2.00 - 6.00pm
Closed Christmas Day & Thursday 25th and Boxing Day 26th December 2025
Open Wednesday 2.45 to 4.15 pm
Saturday 9.30 to 11.30 am

Stamford Food Bank will be closed from Tuesday 23rd December to Friday 2nd January 2026

To advise you that with effect from January 2026 Stamford food bank will no longer be open on Monday afternoons for clients to collect parcels.

Our opening times will be Weds and Friday 1.00pm to 3.00pm and our Citizens Advice advisor will be available for any food bank clients during these opening hours.

Stamford

Christmas – Second Helpings
Christmas Opening Hours
Changes to the bunker opening hours

- Friday 18th Dec – 1-3pm *ONLY*
- Saturday 19th Dec – 12.30 – 2pm
- Sunday 20th Dec – *Closed*
- Monday 21st Dec – *Closed*
- Tueam – 12.30pm
- Wednesday 23rd Dec: 1pm – 4pm
- Thursday 24th Dec – 12 – 2pm
- Friday 25th Dec – *Closed*
- Saturday 26th Dec – *Closed*
- Sunday 27th Dec – *Closed*
- Monday 28th Dec – *Closed*
- Tuesday 29th Dec – 10am – 1pm
- Wednesday 30th Dec – 1-4pm
- Thursday 31st Dec – 1-3pm
- Friday 1st January – *Closed*
- Saturday 2nd January- *Closed*
- Sunday 3rd January- *Closed*
- Monday 4th January- *Closed*
- Tuesday 5th January- 10.30am – 12.30pm

Business as usual thereafter

The Bread and Butter Thing
The service for Christmas week would be on the 22nd at 1pm and the 2nd of January for the New year service also at 1pm



Second Helpings Stamford are delighted to be back hosting our Christmas Day lunch to enjoy together at Stamford Methodist Church Hall this year.

Once again the amazing Alison and Danilo Trozzi, owners of Just So Italian Leicester and Market Harborough, are cooking a traditional Christmas meal and our fantastic volunteers and cooks will be serving lunch with all the trimmings. There will even be a visit from Santa!

This will be a ticket only event so if you or any of your friends, family or neighbours would like to join us for this meal please speak with Nuala in person at Second Helpings Saturday Cafe or email her

cafe@secondhelpings.org.uk to be added to the guest list. There are a maximum of 90 covers so please confirm asap to ensure you are on the guest list.

Second Helpings is all about coming together as a community so there will be no takeaway meals or delivery service this year.



LINCOLNSHIRE FIRE AND RESCUE

Lincolnshire Fire and Rescue offer lots of information and support about staying safe and warm, and reducing the risk of fire in the home.

Heating Safety

Open fires & log burners:

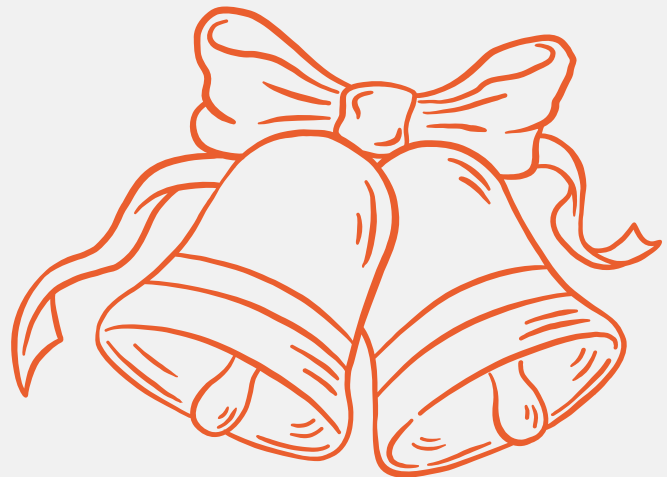
- Always use a fire guard to prevent sparks
- Keep chimneys clean and swept regularly
- Store fuels (wood, coal) safely away from the fire
- Avoid drying clothes near open flames
- Before you go to bed, ensure fires are completely out
- Make sure your chimney is swept by a professional at least once a year for coal and twice a year if you are burning logs

Portable heaters:

- Keep heaters away from curtains, furniture, clothes and other flammable materials
- Never use heaters for drying clothes
- Secure heaters to prevent tipping
- Make sure that portable heaters or radiators are plugged into their own socket and not into an extension
- Make sure heaters are well maintained and in good working order
- Always sit at least one metre away from a heater
- Before moving your heater, turn it off and allow it to cool

Electric blankets:

- Do not use a hot water bottle or bring drinks nearby while you are using your blanket
- Unplug your electric blanket before you go to bed unless it has a thermostat for overnight use
- Store your electric blanket flat or rolled to avoid damaging wiring
- Check regularly for wear and tear and don't use your blanket if wires are visible or poking through the fabric
- Don't use a blanket that has scorch marks or discolouration or if the control makes a buzzing sound when it is switched on
- Test your blanket every 3 years and replace it if it is over 10 years old
- Do not buy second hand electric blankets - they may not meet current safety standards
- Always follow the manufacturer's instructions and use it as intended



LINCOLNSHIRE FIRE AND RESCUE

Lincolnshire Fire and Rescue offer lots of information and support about staying safe and warm, and reducing the risk of fire in the home.

Electrical safety:

- Don't overload sockets—use an online socket calculator to check
- Avoid using second-hand electrical goods unless they have been verified safe
- Don't run washing machines or dryers overnight or when unattended
- Do not use 'cube' type adaptors
- Do not use damaged cables
- Only use the charger that is provided with electrical equipment
- Turn off and unplug anything electrical that does not need to be left on
- Don't run cords under carpeting, bedding, or other combustible materials
- Check any products you have bought are not subject to a product recall
- Register your electrical appliances to make sure you are alerted if there is a safety concern with the product

General home safety:

- Complete an online home fire safety check for advice on how to stay safe in your home
- Fit working smoke alarms on every floor
- Install carbon monoxide detectors near fuel-burning appliances
- Test smoke alarms and carbon monoxide detectors regularly
- Ensure electrical and gas appliances are properly installed and maintained
- Have your boiler serviced every year
- Avoid using ovens or barbecues to heat rooms
- Keep battery-powered torches handy in case of lighting & power cuts
- Have an escape plan and keep keys in a place where everyone in your home can find them

Online Home Fire Safety Check

Complete the online home fire safety check by scanning the QR code or visiting <https://www.safelincs.co.uk/hfsc/>



THE GREEN DOCTOR

Get a free Winter Warmer Pack

Green Doctors are energy and money saving experts from regional charity Groundwork Five Counties. This winter they are handing out free Winter Warmer Packs which include a scarf, blanket, hot water bottle, thermal gloves, socks and a hat, plus an insulated travel mug.

And it's not just freebies the Green Doctor specialises in – they help households save an average of £325 a year! They do this by reviewing your energy bills to find you great deals, giving tips on saving energy and money at home, helping you to apply for benefits and grants, and much more.

This is a fully funded charity service. Get a free home visit anywhere in the East Midlands: www.groundwork.org.uk/gwfc-green-doctor



Festive energy and money saving tips

1. Keep an eye on your energy

You probably don't need your heating on when cooking big meals or hosting a lot of people, so turn that dial down - but make sure to ventilate sufficiently. The ideal room temperature is 18 – 21 degrees. If it's under 18 °C you risk condensation, which can over time turn into damp or mould which are massive health hazards.

2. Say no to food waste

Plan your meals and follow your shopping list so you don't throw away food or spend money on unnecessary items. Use up your leftovers over the next days, and freeze food you won't be needing again soon.

3. Recycle what you can

Do recycle: Paper, cardboard, aluminium cans and tins, plastic bottles (with lid on)
Don't recycle: Paper with glitter, ribbons, foil, tinsel, baubles, bubble wrap, polystyrene
It's always best to follow your local council's recycling guidelines.

4. Shop sustainably

Shop second-hand for gifts during and outside the festive season. Donate unwanted gifts to your local charity shop or food bank, they can make good use of it.



WARM SPACES IN LINCOLNSHIRE



Winter Warm Spaces and Support

Visit the warm spaces 2025-2026 list for locations offering free comfort, warmth, company and hot refreshments (check individual locations).

WWW.HAYLINCOLNSHIRE.CO.UK/WINTER-WARM-SPACES-AND-SUPPORT/

[HTTPS://WWW.WARMWELCOME.UK/FIND-A-SPACE](https://www.warmwelcome.uk/find-a-space)

Please refer to the Christmas listings for spaces open during the holidays. We cannot confirm that this list will be open on bank holidays.

All warm spaces will be open in the New Year, but please call ahead outside of this.



WARM SPACES IN LINCOLNSHIRE



Boston

- **Boston Wellbeing Hub Warm Space at the Centenary Methodist Church, Red Lion Street, Boston, PE21 6NY**
Monday 13:00-15:00| Rob.whiley@stbarnabashospice.co.uk
- **Boston Library, Bank Street Entrance, County Hall, Boston PE21 6DY**
Open 6 days a week.
Monday, Tuesday, Wednesday, Friday 09:00-17:00
Thursday 09:00- 18:00
Saturday 09:00-16:00
boston.library@gll.org
- **Centenary Methodist Church, Red Lion Street, Boston, PE21 6NY**
Wednesday & Friday 09:30-13:30| Community meals continue to be served at 12-12.30 on these days to anyone, free of charge.
rev.val.ogden@gmail.com
- **Fosdyke Playing Field Social Club (Fozzy's), Puttock Gate, Fosdyke, PE20 2BX**
Wednesday 10:00 - 12:00 - Soup and a Roll
Thursday 18:00 - 22:00
Friday 18:00 - 22:00
Saturday 14:00 - 18:00
Sunday 14:00 - 18:00
kindred.anthony@gmail.com
- **Kirton Methodist Church, London Road, Kirton, PE20 1JE**
Tuesday 13:00-15:00| kirtonfamilyworker@gmail.com
- **Kirton Town Hall, Station Road, Kirton, Boston, PE20 1LD**
Friday 09:30-12:00| kirtonpc@gmail.com
- **The Drop In, Liquorpond Street, Boston, PE21 8UJ**
Monday & Wednesday 10:00-14:00|
tammy@restorechurchboston.co.uk
- **Old Leake Community Centre, Furlongs Lane, Old Leake, Boston, PE22 9NX**
Monday & Wednesday 10:00-14:00|
oldleakecommunityhub@hotmail.com

WARM SPACES IN LINCOLNSHIRE

Boston

- **Safe Places, Tonic Health, Pescod Hall, Mitre Lane, Boston, PE21 6EB**
Wednesday & Thursday 12:30- 14:30|
laura@tonic-health.co.uk
- **The Pincushion Inn, 289 London Road, Wyberton, Boston PE21 7DD**
Open 7 days a week 12:00-23:00| thepininn@gmail.com
- **Open House, 232 London Road, Wyberton**
Monday & Wednesday 10:00-12:00| mikejsharp@btinternet.com
- **The Fishtoft Pavilion, Fishtoft Playing Fields Pavilion, Boston PE21 0RY**
Tuesday 09:30-13:00|liznrichard@live.co.uk
- **The Beonna (Benington Community Heritage Trust), Benington, Boston, Lincolnshire, PE22 0BT**
Friday 09:30-14:30| events@thebeonna.co.uk
- **The Salvation Army, 59-61 High St, Boston PE21 8ST**
Monday 10:30-13:30| boston@salvationarmy.org.uk
- **Zion Methodist Church, Brothertoft Road, Boston, PE21 8HD**
Monday- Thursday 09:30- 11:30
Friday 14:00-16:00|
birkettstuart45@gmail.com





WARM SPACES IN LINCOLNSHIRE

Gainsborough, Sturton by Stow & Saxilby

- **The Bridge Learning Centre, 142 Bridge Street Gainsborough DN21 1LP**
Sunday 10:00-13:00| info@clipllearning.com
- **Uphills Community Centre, Riseholme Rd, Gainsborough DN21 1NJ**
Monday 12:00-15:00| 01427 611666
- **DSN (Disability Social Network) St. George's Church Hall, Heapham Road, Gainsborough, DN21 1SH**
Monday 10:30-12:30| disabilitynetwork.westlindsey@gmail.com
- **Gainsborough Men's Shed 17 Stirling Place, Gainsborough DN21 1NF**
Tuesday & Thursday 11:00-14:00| 07300 869422
- **Sturton by Stow Village Hall, High St, Sturton by Stow, Lincoln LN1 2AX**
Monday 12:00-15:00| events@thebeonna.co.uk
- **Saxilby Village Hall, 34 High St, Saxilby, Lincoln LN1 2HA**
Wednesday 10:30-13:30| 01522 702169

Grantham

- **Church of Ascension, Edinburgh Road, Grantham NG31 9QZ**
Monday 10:30-12:30| free soup and rolls

Holbeach & Spalding

- **Holbeach Wellbeing Hub, Boston Road South, Holbeach, Spalding, PE12 7LR**
Tuesday & Thursday 10:00-14:00
- **Spalding Wellbeing Hub, 6 Broadgate House, Westlode Street, Spalding**
Monday- Friday 10:00-15:00| We will be open up to 23rd Dec, reopening on 5th January.
07471 465111

WARM SPACES IN LINCOLNSHIRE

Horncastle

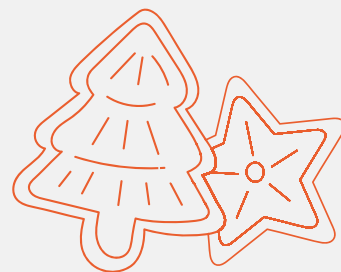
- **Bucknall Village Hall, Main Road, Bucknall, Woodhall Spa, LN10 5DT**
Monday & Wednesdays 9:30-13:00| bucknalvillagehall@gmail.com
- **Horncastle Community Centre, Horncastle LN9 5HJ**
Tuesday 13:00-17:00| 01507525600
- **Horncastle - Over 50s Youth Club Community Centre, Manor House Street, LN9 5HF**
Wednesday 13:30-15:30| Refreshments £2
07752413693
- **Horncastle Swimming Pool, Coronation Walk, Horncastle, LN9 6HP**
Thursday 14:30-15:30 & Friday 10:00-11:00| 01507 522489
- **Mareham Le Fen Community Centre, Horncastle Road, Mareham Le Fen, PE22 7QL**
contact@marehamlefencommunitycentre.co.uk
- **Charles Hill Community Hall, Main Street, Horsington, LN10 5EX**
Tuesday 12:30-14:30| 07377657451



WARM SPACES IN LINCOLNSHIRE

Lincoln

- **Ermine Exchange Wellbeing Hub, Sudbrooke Drive, Lincoln, LN22DS**
Tuesday 09:00 - 16:00
Wednesday 09:00 - 16:00
Thursday 09:00 - 16:00
Friday 09:00 - 16:00
|www.ermineexchange.co.uk
- **Ermine Library and Community Hub, 19 Ravendale Drive, Lincoln, LN2 2BT**
Tuesday 09:00 – 15:00
Wednesday: 09:00– 19:00
Thursday: 09:00 – 15:00
Saturday: 10:30 -12:30
|erminelibrary@bishopg.ac.uk |01522 782010
- **Wellbeing Café, Arise Church, Lincoln, LN6 0JE**
Monday 10:30 to 13:30
Tuesday 10:30 to 13:30
Wednesday 10:30 to 13:30
|www.arisechurch.co.uk
- **Monks Road Methodist Church, 279 Monks Rd, Lincoln LN2 5JZ**
Monday 10:00-12:00
|www.monksroadmethodistchurch.org.uk/groups/
- **Bridge Central Wellbeing Café, Portland Street, Lincoln, LN5 7NN**
Monday to Thursday 10:00 -14:00| info@wearebridge.org
- **The Bridge Community Venue, 72a Newark Rd, Lincoln LN5 8PY**
Monday to Thursday 10:00 -14:00| info@wearebridge.org
- **Lincoln City Foundation – Social Hub; Co-op Community Hub, LNER Sincil Bank, Lincoln LN5 8LD**
Monday to Thursday 10:00 -14:00|
kate.oreilly@lincolncityfoundation.co.uk



WARM SPACES IN LINCOLNSHIRE

Louth

- **Trinity Centre, Eastgate Louth, LN11 8DJ**
Wednesday 10:00 - 12:00
- **LIGHTHOUSE at Louth Methodist Church**
Wednesday 10:00– 12:00
Friday 10:00 – 14:00
| propertyfinancesec@louthmethch@gmail.com
- **Wellbeing Café, Arise Church, Lincoln, LN6 0JE**
Monday 10:30 to 13:30
Tuesday 10:30 to 13:30
Wednesday 10:30 to 13:30
| www.arisechurch.co.uk
- **Little Louth, Checker Gate, Louth, LN11 0LH**
Monday - Saturday 09:00-17:00
Sunday 10:00-16:00
| littlelouth@gmail.com
- **Meridian Leisure Centre, Wood Lane, Louth, LN11 8SA**
Wednesday 13:00-15:00
Thursday 13:30-15:00
| 01507 607650
- **St. Peter's Church, Saltfleetby, Louth, Lincolnshire**
First Wednesday of the month 10:30-12:00
| office@fofc.org.uk



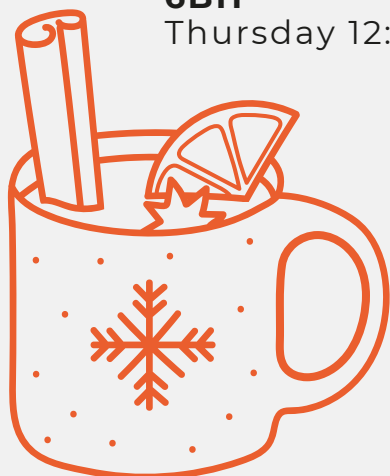
WARM SPACES IN LINCOLNSHIRE

Mablethorpe & Alford

- **Alford Hub, 15 South Market Place, Alford LN13 9AE**
Please call 01507 464901 to find out more and to arrange an appointment
- **Alford Methodist Church, 120 West St, Alford LN13 9DJ**
Every Tuesday morning - coffee morning |
magsasiedu@gmail.com
- **Alford Town Council Civic Building and Library, 5-6 South Market Place, Alford LN13 9AF**
Monday - Friday 09:00- 17:00
Saturdays 10:00 - 12:00
|office@alfordtowncouncil.gov.uk
- **Friendship Group, The Coastal Centre, Mablethorpe, LN12 2AQ**
Monday - Friday 09:00- 14:00 | 01507 479165
- **St Wilfrid's Church Hall, high street, Alford LN13 9DS**
Monday 12:00 - 14:00 | kerry.culley@outlook.com

Market Rasen

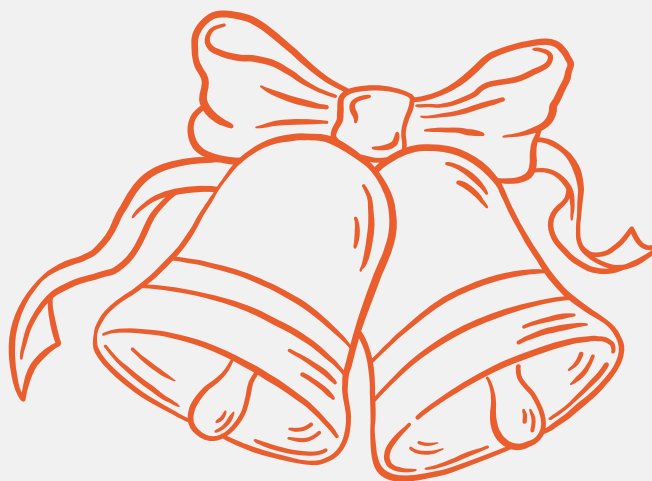
- **Market Rasen New Life Church Centre, Serpentine St, Market Rasen LN8 3AR**
<https://www.marketrasennewlifechurch.co.uk/219/Monthly-Calendar>
- **Book Lending Club, The Reading Room, High St, Binbrook, LN8 6BH**
Thursday 12:00-14:00 | Bunny 01472 399097 / Karen 07429465703



WARM SPACES IN LINCOLNSHIRE

Skegness & Spilsby

- **Burgh Baptist Church, Burgh-Le-Marsh, Skegness, PE24 5LT**
Thursday 10:00-16:00 | 07459 871013
- **Royal Arthur Centre, Skegness Rd, Ingoldmells, Skegness PE25 1NL**
Wednesdays 12:00-14:00 | m.lithgow@nhs.net
- **Skegness Methodist Church, Algitha Road, Skegness, PE25 2AJ**
Friday 10:00- 12:00 | skegnessmethchurch@btinternet.com
- **Skegness, Pool and Fitness Suite, Grand Parade, Skegness, PE25 2UG**
Tuesday 10:00-11:30 & Thursday 13:30- 14:30 | 01754 610675
- **The Storehouse, North Parade, PE25 1BY**
Monday 10:00 - 12:00
Wednesday 13:00- 15:00
Friday 10:00- 15:00 | 01754 763362
- **New Life Centre & Wellbeing Hub, Church Street, Spilsby, East Lindsey, PE23 5DU**
Monday 12:00-15:00
Tuesday 12:00-15:00
Wednesday 07:30-20:00
Friday 12:00 - 15:00 & 17:00- 20:00 | 07939092585 or david.bruce23@nhs.net



WARM SPACES IN LINCOLNSHIRE

Sleaford, Ruskington, Billingham, Ancaster, Walcott & Folkingham

- **Connecting Well, Mosaic Community Room, Riverside Shopping Centre NG34 7PD**
Wednesdays 09:30 - 12:00
- **Night Light Café, Riverside Church, NG34 7RY**
Tuesday 16:00-20:00
- **The Source Café, Riverside Church, NG34 7RY**
Monday, Wednesday & Thursday 10:00 - 14:00
Tuesday 10:00- 12:00
- **The Door Hub at Riverside Church, NG34 7RY**
Monday 11:30-15:30 & Friday 16:30-20:30
- **The Sleaford Hub, Navigation Wharf, NG34 7TW**
Open 7 days a week 10:00 - 17:00
- **Sleaford Library**
Monday - Friday 09:00-17:00
- **Meadow Wellbeing Hub, Ruskington, NG34 9ES**
Monday 16:30- 20:20 & Friday 10:00 - 14:00
- **Ruskington Methodist Church, NG 34 9DX**
Friday Warm Space once a month 11:00 - 15:00
- **St Michael's Community Hall, Billingham, LN4 4HZ**
Thursday 10:00 - 12:00
- **The Wyche coffee morning, Billingham, LN4 4EQ**
Tuesday 10:00 - 12:00
- **St Martin's Church, Ancaster, NG32PW**
Friday coffee morning once a month 10:00 - 12:00
- **Walcott Lunch Club, Village Hall, LN4 3SW**
4th Friday of the month at 12:00| £8
- **Village Hall Pop Ins, Folkingham NG34 OSE**
Monday 10:30- 13:00



WARM SPACES IN LINCOLNSHIRE

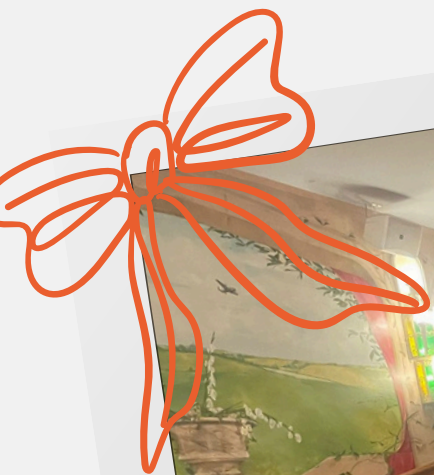
Stamford & Bourne

- **The Free Church, 60 Kesteven Road, Stamford PE9 1SU**
16:30-18:30 | mindspacestamford.com/join-in/
- **Stamford All Saints Unity Centre, PE9 2PR**
Monday 11:00 - 14:00
- **Salvation Army Hall, 5a Manning Rd, Bourne, PE10 9ET**
Friday 10:00 - 14:00 | Jenny.McPhee@salvationarmy.org.uk
- **Second Helpings Pantry, Stamford Methodist Church, Stamford**
10:30-13:00 | The pantry will be open as usual throughout the festive and New Year period.

Waddington, Washingborough, Dunston, Swinderby & Witham St Hughs

- **Waddington Wellbeing Hub, St Michael's Church, High Street, LN5 9RF**
Monday 10:00-16:00 & Friday 10:00-14:00
- **Redwood Drive Community Centre, Waddington, Lincoln LN5 9BY**
Thursday 10:00 - 13:00
- **Dunston Community Café, Dunston Methodist Church, LN4 2ET**
2nd Tuesday of the month, 09:00 - 11:30
- **Washingborough Coffee Stop, Washingborough Methodist Church, LN4 1AT**
2nd & 4th Tuesdays of the month, 10:00-12:00
- **Swinderby Coffee Stop, All Saints Church, Swinderby, LN6 9LU**
Monday 10:30 - 12:00
- **Swinderby Village Lunch, Swinderby Village Hall, LN6 9LT**
2nd Wednesday of the month, 12:00
- **Tea Together, Village Hall, Witham St Hughs, LN6 9TN**
2nd Tuesday of the month, 14.00 - 16.30





SEE YOU NEXT YEAR!



E info@shinelincolnshire.com

T 01507 304 548

W www.shinelincolnshire.com

A Bert House, 7 Bull Ring, Horncastle. LN9 5HX



Connecting people and communities by promoting health, wellbeing, independence, and choice.